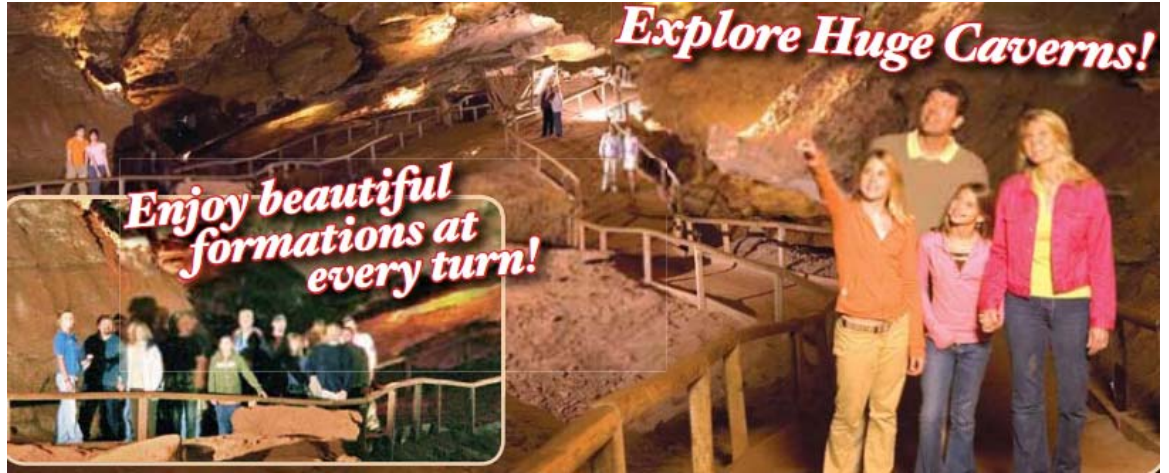


THE LOST SEA ADVENTURE!

America's Largest Underground Lake!



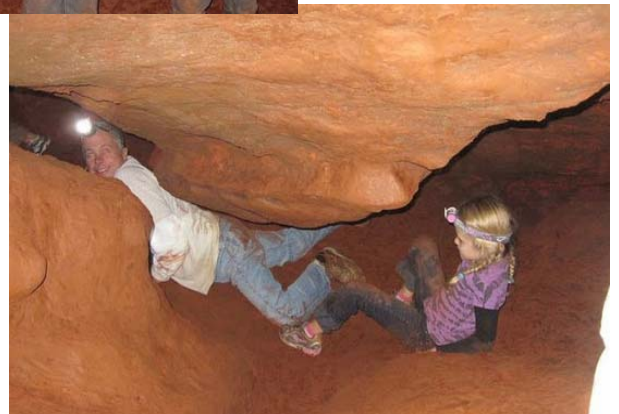
Adventure
Guides
FAMILY
Event –
Sunday
Night,
January 15th



Enjoy beautiful
formations at
every turn!



Experience the Wild Cave Tour!



Lost Sea SPELUNKING Overnighter

Sunday night – January 15th, 2011 - Arrival: 6:00pm ET (3 hour drive from Atlanta)

REGISTRATION –

Everyone will receive a link to an eVite (invitation) to RSVP for the overnight. RSVP deadline is Dec. 22nd. The cost is \$28/person, regardless of age. Cost includes regular/commercial Lost Sea tour, boat Ride, private Wild Cave “spelunking” tour and overnight stay.

LOGISTICS

TRAVEL - Lets all meet **ready to drive off** at the East Cobb YMCA Sunday the 15th at 1:00pm. We should all GO GREEN and coordinate carpools. **NOTE - this is to allow for traffic and that we have to eat dinner and be back at the Lost Sea at 6:00pm.**

We'll caravan/carpool up to **Lost Sea** in Tennessee. Drive time about 3 hours, if you include a bathroom break in there. Note GPS will try to route you via country roads - as its about 25 miles shorter that way; however, Google maps says that's only 9 minutes shorter. Since it's an easier drive; take the I-75 route below.

Directions from East Cobb YMCA to **Lost Sea** (140 Lost Sea Rd, Sweetwater, TN 37874) will be posted online on the eVite. We'll check in and drop our gear quickly at **4:15pm** and then head to dinner.

DINNER - lets meet at Bert's Hometown Grill & Pizzeria at 4:30pm for dinner in Madisonville, TN. It's the closest full service restaurant to the cave (5.4 miles away) located at 902 Tellico Street South, Madisonville, TN 37354. Link: <http://www.bertsgrill.com>; Directions will be posted online on the eVite.

CHECK- IN - We **MUST** be back at the cave at **6:00pm** (** IF YOU DON'T DRIVE UP WITH US – BE HERE BY THIS TIME). We'll pick up our gear, and then enter the cave thru the natural opening, walking down 132 clay steps to our designated sleeping area where we will unload our gear. It is good news that we'll be able to leave our gear at that point - but do remember to **PACK LIGHTLY & remember those 132 steps!**

TOUR - The tour starts promptly at 6:30pm. Our private guided tour includes first, the regular commercial tour via paved/packed walkways to the lake – where we'll have the boat ride and return to the dock. Then the “Wild Cave Tour” starts. We start with simple “crawling” maneuvers, followed by a rest period for water, granola bars etc. (REMEMBER TO BRING YOUR OWN SNAX & WATER) followed by more “crawling” & head back to the sleeping area. Note - there are “alternate” routes everywhere we go if you or your child don't like the looks of the route ahead. EVERYONE CAN DO THIS; as long as you can do simple hiking and basic crawling, log-roll etc YOU CAN DO THIS! They're used to doing this with school aged kids so they understand some may not go in every crack and crevice.

SLEEPING - We sleep in the cave in a large open “amphitheater” type area. There is a toilet & changing area; but no running water.

BREAKFAST - In the morning we'll check out by 8am and then head to breakfast. We'll caravan to the Cracker Barrel about 45 minutes back south on I-75 (1650 Clingman Ridge Drive Northwest, Cleveland, TN 37312).

OTHER DETAILS - (<http://www.thelostsea.com/cavetour.html>):

What to Wear? The temperature in the cave is a constant 58 degrees Fahrenheit. When you are moving you won't get cold, but while at the campsite a light jacket is advisable. Slacks, a warm, long-sleeved shirt and old shoes are ideal. You will get muddy, so be sure to bring a change of clothes

What Equipment to Bring?

- IT IS DARK! They highly recommend the “headlight” or “miners” type of flashlights as you will want to be hands free during the “crawl thru” areas. Bring extra batteries. Glow Sticks are good for overnight for the kids.
- A canteen of drinking water is a MUST as there is no water available in the cave. NO HYDRATION PACKS (they WILL burst).
- Sleeping Bag; a Tarp or Ground Cloth and a camp-pad (ideally not an air mattress - there is no electricity for a pump)
- I suggest a small camping pillow or roll up tomorrow's clothes (better)
- Also bring a trash bag for your dirty clothes to carry out of the cave.
- There are no showers or sinks - so bring **TONS** OF Wet-Wipes to wipe off.
- Bring and Wear Clothes you don't mind getting RUINED! You will get clay stains on them. DAVIDS NOTE – you will **NEVER** wear any of these clothes again; including the shoes... be forewarned!
- No open toe shoes of any kind! No shorts!
- You are responsible for your dirty clothes, so please do not leave them in the cave.

Do not bring excess baggage, as it is hard to carry into the cave; remember - you will be going through the natural entrance and down 132 steps to the campsite.

QUESTIONS? E-mail Grasshopper – David Wilson at gisdavid@gmail.com or call at (404) 392-7095